Minutes of the Health and Safety Committee

Present: Claire Hardie, John Hardie, Niloofer Irani, Marsha Melnik (chair/recorder), Pauline Walsh, Sean Cumming (Board Liaison)

1. a) Minutes of Mar accepted. b) Agenda corrected - #5 should omit the word "Evening".

2. Communications to and from the Board:

- none

Sean

3. Update from the Property Manager:

- none

Marsha

4. Helping Our Neighbours

The package of minutes and brainstorming ideas from the first two meetings was delivered to each participant. The next meeting for Groups B/C was called for May 9 at 2:00 pm. Marsha will contact someone from Group A to arrange their own meeting.

John will post the package on the website. Marsha will file some more copies in the Meeting Room.

5.. Defibrillator Workshop:

The survey was returned by 29 interested residents. After compiling the results it was decided to hold an afternoon workshop. Several dates were proposed and Marsha will contact Valerie Woods to set up the afternoon workshop. Suggested items to be addressed:

- many seniors in the condo problems (eg arthritis) with knees and hands can they do CPR; are there special concerns for doing CPR on a senior
- location issues hallway, elevator, exercise room
- handouts
- concern that you can do harm using an AED (common belief)
- summer defibrillator will be by pool Marsha will look into the logistics of this
- 6. Defibrillator Pamphlets Claire put together a 'pictoral' pamphlet that will be hung beside the defibrillator, once a wall rack is purchased by Isan. As well the pamphlets will be available in the Meeting Room (Isan will be asked to buy another of the magazine racks for the MR)
 John reminded us of the AED video link on the website.

7. Assistance for Seniors/People with Disabilities:

John gathered some information, at a conference he attended, about sharing an at home visit among two or three residents to make the cost accessible. It was agreed that this type of information was included in the Committee's mandate but that it also could be passed on to the 'Helping Our Neighbours' Group A. A discussion followed about how such information could be posted on the website – under 'Tips'. We wandered a bit off topic and discussed whether there should be a section on tradespeople recommendations from residents. This also was referred to the HON Group A.

8. Other business:

Claire reported that Isan checks the defibrillator battery daily. (Is the light on?)

Next meeting: Monday, May 28 at 1:00 PM in the Meeting Room